

# Finding supports for a good life can be overwhelming.

# We want to help.

## **Amawílc** Non-Medical Homemaking Program

### **What is Amawílc?**

Amawílc is the Ucwalmícwts word meaning “to bring back to life” and that’s the aim of program. Amawílc provides clients with the services they need to stay functional, healthy and safe in their own homes.

### **Eligibility for Amawílc Services**

Amawílc Services are available to Elders and persons living with disabilities. To be eligible to access Amawílc services, a person must also be a Líl’wat band member, living on a reserve who has been assessed by a qualified nurse.

### **What to Expect from Amawílc**

- Every new client receives an in-home assessment of care needs conducted by a qualified nurse.
- We offer customized home upkeep plans based on your individual needs.
- Once the plan has been approved by you, your personal work record ensures you get the services you want and need.
- We hire only the best staff, all carefully selected to ensure your safety and the upkeep of your home.

### **Services Amawílc Offers**

- Meal Planning & Preparation
- Ironing
- Mending
- Chopping Wood
- Minor Home Repairs
- Non-Medical Transportation
- Companionship Activities
- Pet Therapy
- Social visits
- Snow removal
- Small Yard & Garden work
- Home Management:  
These activities may include making beds , dusting, washing dishes, sweeping, wiping counters, vacuuming, taking out the garbage, disinfecting tubs and toilets, and washing of walls and/or carpets

### **Getting Started**

If you would like to access Amawílc services please contact Teena Blundell, Assisted Living Supervisor.

#### **Teena Blundell, LPN**

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