

SEPTEMBER NEWSLETTER



Pipi7iyekw – Joffre Lakes Park Agreement

Pipi7iyekw will reopen on Sept. 19, 2023, for regular public access, with the exception of the National Day for Truth and Reconciliation. The Nations will gather on the land that day and the park will be inaccessible to the public. Day-use passes will continue to be required to access the park until Oct. 9, 2023.

Lílwat Nation greatly appreciates the time and attention put to this matter by the ministries of Environment and Climate Change Strategy and Indigenous Relations and Reconciliation. The Nation will continue to guide discussions to ensure that Pipi7iyekw is being used in a matter that is consistent with our values and those of our ancestors. Pipi7iyekw continues to be a spiritual place for our people and one that can support our Nation rebuilding efforts.

The Nations and the Province have agreed to continue to have regular, ongoing discussions throughout the remainder of the year and into spring 2024 to develop a plan for park access, park management, and cultural protection for future camping and recreation seasons. This time for dialogue will allow discussions to continue toward a collaborative resolution that supports reconciliation.

The agreement reached between the Lílwat Nation, NQuatqua Nation and the Province is a critical step forward and an important building block for future conversations on park management and access. As talks continue, we are all in agreement that we must continue predictable public access, while also giving time and space to heal the land to ensure Nations can use this space as they always have.

In response to the growing number of visitors, Lílwat and NQuatqua, and the Province worked together to create the Joffre Lakes Park 2019 Visitor Use Management Action Plan. This plan helps ensure the natural resources and Indigenous cultural values of the park are protected, while continuing to provide recreation opportunities for visitors. The Nations and BC Parks have been formally engaging on park and visitor-use management since December 2018.



0 5 10 20
Kilometers



PIPI7IYEKW ETIQUETE

When you are harvesting please remember that many community members will be practicing cultural activities. We ask that everyone respect each others experience and the natural peacefulness of open spaces. Deliberate or unnecessary noise, such as loud music, or dogs is not allowed at any time.

When harvesting, remember that trails are shared spaces. Talk quietly, acknowledge others and be considerate of them. Smoking tobacco or cannabis, using e-cigarettes, and vaping are not allowed during this time. Please also remember to pack out any garbage and other waste material, it can damage the environment and create dangerous wildlife encounters.

Use the appropriate recycling, garbage, and wastewater disposal facilities.

Kúkwstum'ckalap to abiding by these guidelines so community members can immerse themselves in Pipi7iyekw as we have since time immemorial



DO YOU NEED A MAP MADE?

The Lands & Resources new GIS Technician and Admin Assistant Teegan can produce beautiful maps for your classroom, office, home, etc! Please contact her for a request form!

Teegan Macdonald
 604-384-7103 ext. 2463
teegan.macdonald@lilwat.ca

PRICING

B&W Regular paper printing cost: \$4.14/square foot
 B&W Photo paper printing cost: \$4.53/square foot
 B&W Canvas printing cost: \$5.99/square foot

Colour Regular paper printing cost: \$4.45/square foot
 Colour Photo paper printing cost: \$4.79/square foot
 Colour Canvas printing cost: \$6.25/square foot



Lands and Resources Tea and Talk

Wednesday, September 27th, 2023, 3:00pm to 4:30pm

Úl'us Banquet Hall

- Sharing Legends, Stories and Experiences of Qwelqwelústen – Mt. Meager
 - Passages from the Líl'wat World of Charlie Mack
- Assisting Community Members with the Socio-Economic Study-Online Survey regarding the proposed Meager Geothermal Project
 - Tablet and Laptops will be available.





**FIRE PROTECTION FOR HOUSES AND
COMMUNITY BUILDINGS.**

TRAINING AND EDUCATION WILL BE PROVIDED.

**MUST BE WILLING TO COMMIT A FEW HOURS
PER WEEK FOR TRAINING AND BE AVAILABLE
TO RESPOND TO CALLS.**

**EVERYONE
IS
WELCOME!**

**YOUR INVOLVEMENT WILL KEEP LIVES AND
HOMES SAFE WITHIN OUR COMMUNITY**

\$20 PER CALL OUT

**CONTACT: MARSHALL.RITCHIE@LILWAT.CA OR
604-894-1590 TO GET INVOLVED**

VOLUNTEER FIRE FIGHTERS NEEDED!

**As fall quickly approaches, Marshall
Ritchie and the brave volunteers
that make up the fire department
are looking for more volunteers!
Help keep your community safe!**

Lilwat Marketplace Development

**Work is set to commence on
Tuesday September 5th.**

Qwalímak N'tákten" will be a new marketplace located between the gas station and the T'szil Learning Centre along Highway 99. Additional Works, including water, and sewer servicing will be starting on September 5th.



Lilwat Nation X ILSA

Skateboard Session & BBQ

September 15

All Ages Welcome!

New Site Rink

3:30pm - 4:30pm Skate Lessons

4:30pm - 6:00pm Free Skate

Free BBQ & lots of prizes!



the circle 





September 14 Clinic

Dr. Nick Vagelatos

Open 9:30 am – 3:00 pm

Líl'wat Health & Healing


This is the quickest way for Community Members to book in with a Health Care

Professional!

Leave a message with

Pemberton Medical

Clinic to book

 **604-894-6454**



LÍLWAT COMMUNITY HEALTH PROGRAM

Our Community Health Team is here to support community members and families to reach their health goals for choices for disease prevention, immunizations, chronic disease management, nutrition, safety and so much more. The Nurses and Medical Office Assistant work together as a team to provide health promotion, illness/injury prevention through advocacy and building relationships with other partners.



Patty Bobb LPN, Chronic Disease
Patty is from Seabird Island Band and has been living and working in Líl'wat since January 2017.
Contact Patty if you have questions about chronic disease, advanced care planning and harm reduction.

Services provided include:

- o Health Education Workshops and Awareness Events
- o PAP, STI and Contraception Clinics
- o Puberty and Sexual Health Education
- o Immunization Clinics
- o Diabetes and Chronic Disease Support
- o Injury Prevention Promotion
- o Advocacy and Referrals

MEET OUR TEAM!



Michelle Headley RN(C) BN, CHN, IBCLC
Michelle grew up in Winnipeg, Manitoba, and has been working with us since May 2009. Contact her if you need information about puberty, sexual health, contraception, breastfeeding, and harm reduction.



Gillian Hawkes RN BScN, CHN
Originally from Calgary, Alberta, Gillian has been working with us since March 2023.
Contact her if you need information about child and adult immunizations, tuberculosis, COVID-19 and Flu.



**K'WESTINTA'7
Lisa Peters MOA**
Lisa lives with her family in Líl'wat. She started working with the nurses team in February 2021. Contact her if you need support or information about Community Health nursing, clinics or programs.



Patricia Zant, RN(C), BScN
While she grew up on Vancouver island Tricia has lived in various places around BC and started work with Líl'wat in December 2012. Contact Patricia if you need support around pregnancy, lactation or child development for children up to 5 years old.

4-Week Nutrition Challenge with Lil'wat Health & Healing

September 11th-October 6th

Online / Virtual through a Facebook Group:

Lil'wat Health & Healing 4-Week Nutrition Challenge Sept 2023

(if you have issues joining the group, contact Patty Bobb or Lisa Peters to be invited)

Weekly Prize Draws! The Grand Prize being a Turkey with all the fixings for a Thanksgiving Meal.

Every day we are encouraging participants to post a picture of a healthy meal/snack that they were excited or happy about.

Participants can also share meal ideas, recipes, meal prep tips – so members can also learn from each other.

You will get 1 entry for the weekly prizes each day by posting.

Health & Healing will post education resources, self-reflection questions and challenges, you can also gain extra entries into the weekly prizes by interacting with these posts.

Prizes will be drawn Friday mornings and announced by 9:30 a.m. each week.

Prizes will need to be picked up from LHH as soon as possible.

Please contact Patty Bobb, or Lisa Peters for any questions or concerns at LHH 604-894-6656

Or by email: Patricia.Bobb@lilwat.ca or Lisa.Peters@lilwat.ca





**6TH ANNUAL
"OUR COMMUNITY OUR WATER"
LÍLWAT HEALTH & HEALING
LUNCH PROVIDED**

**17 OCTOBER 2023
12:00PM- 1:00PM**

CALL LISA, PATTY OR MICHELLE FOR MORE INFORMATION

**MOBILE MAMMOGRAM CLINIC'S IN
PEMBERTON**

OCTOBER 24TH - 26TH

DECEMBER 5TH - 7TH

PLEASE CALL 1-800-663-9203 TO MAKE AN APPOINTMENT



**Influenza and COVID-19 vaccination clinics will start up again
in later October. Keep an eye out for postings!**

**COVID-19 test kits are available for free from Úlús, Tészil and
Lílwat Health & Healing**

**For more information contact Michelle, Gillian, Patty or Lisa
at 604-894-6656**

Reminder Stay Home When you have symptoms or feel sick



*Are you interested in helping to exercise the rights and title related to Lilwat Nation
Traditional Territory Lands?*

Lilwat Nation Chiefs and Council is seeking Expressions of Interest from Lilwat Nation Citizens interested in serving as a Citizen at Large Member/Alternate for the Lilwat Nation Land Use Referral Committee

What is the Land Use Referral Committee?

The Land Use Referral Committee is a standing Board of Lilwat Nation Chiefs and Council. The Referral Committee is responsible for:

- reviewing, assessing, and providing direction to Land and Resources Department on how to respond to land use referrals in accordance with the *Lilwat Nation Land Use Referral Consultation Policy*;
- familiarizing themselves with policies related to the title and rights of the Lilwat Nation, including, but not limited to, the *Lilwat Land Use Plan* and the *Lilwat Nation Strategic Plan*;
- representing the interests of the Lilwat Nation regarding territorial land use decisions.

How to apply:

If you are interested in joining the Land Use Referral Committee as either a Citizen at Large Member or Alternate, please submit a letter of interest outlining why you are interested and your experience.

Please submit your letter of interest by September 18th, 2023, to:

Lilwat Nation Chiefs and Council

Attn: Roxanne Joe, Lands and Resources Co-Ordinator

Mail: PO Box 602, Mount Currie, BC V0N 2K0

Email: roxanne.joe@lilwat.ca

Drop Off: Reception, Lilwat Nation Offices, Úilus



Lilwat Nation Strategic Planning Session

Lilwat Nation has hired Nation First Consulting to help create a new Strategic Plan. Please join us and share your vision for Lilwat Nation. There will be plenty of Sessions over the coming months for Community members to share their thoughts.

There are many community engagement sessions planned for the community from September to November 2023, and they include the following types of sessions:

- Elders (3x)
- Youth (3x)
- Community at Úilus (8x)
- Community in Xetólacw at XCS (8x)
 - Vancouver (3x)
 - Virtual (2x)
- AGM at Úilus (1x)



NATION FIRST
CONSULTING



Back to School Catch up Clinics!

Lil'wat Health & Healing is offering immunization catch-ups for children ages 4-6.

Vaccines are offered to children starting kindergarten to help protect their health, their classmates' health, and the health of the community.

If your child hasn't received their kindergarten vaccines, it's not too late to get caught up!

Please contact RN Gillian for more information about vaccines and which ones your child may need.

**gillian.hawkes@lilwat.ca
604-894-6656 ext. 3231**

Contact LHH to book an appointment for your child



PAINT NIGHT

TUESDAY OCTOBER 3RD

5:30 TO 7:00 P.M.

at Lílwat Health & Healing.

Snacks provided.

Come and paint something 'Water' related for
the Water Celebration and Art Submissions
Contest.

Art Submissions can be reposted and set to end
on Friday October 13th at 4:00 p.m.

NEW STAFF AT LÍLWAT!

Mary Czernick joins the
Lílwat Nation as our new
General Manager of
Community Services.

As the General Manager
of Community Services
Mary will oversee the
Community Advocate,
Lílwat Health and
Healing, T́zil Language
and Culture, Child and
Family Services,
Community Programs,
and Community
Development
departments.

Kantikalusá Yecta7 -
Eva Maria Joe (Maya)
joins the Community
Programs team.

Maya is honoured to
start her new role as
the Lílwat Nation Elders
Activity Coordinator.
You may know her from
her previous role as a
Home Support Worker
with the Amawilc
Assisted Living Program.

Teegan Macdonald
joins the Lands &
Resources Team.

Teegan is the newest
member of the Lands
and Resources
department. As the
new GIS Technician
and Administrative
Assistant. She will be
overseeing all
technical and
administrative data
and mapping projects
related to lands &
resources.

Thank you for tuning in to the Lílwat Nation
September Newsletter. Keep your eyes peeled for
our next issue releasing in October!

Kúkwstum'ckalap



Keep up to date
with everything
happening in Lílwat
Nation by following
our social media
accounts.



@lilwatnation



@Lilwatnation



@lilwatnation

